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✦ Ms. Smita Goswamy - "The Bestseller Blueprint -
How I wrote my way to Transformation" ✦
(A Report by Ann Dr. Aditi Vahia)

The programme began with a delicious dinner of Punjabi cuisine. **Ann Rita Vaishnav** offered the Prayer for us. After the opening remarks by **President Rtn. Umed Fifadra**, **PEN Rtn Girish Dhar** recited the 4 Way Test along with a glimpse into his own Rotary career.

The Guest Speaker of the evening **Ms Smita Goswamy** was escorted to the dias by **Rtn PP Bharat Shah** and was introduced by **Rtn Ashok Sarda**. The formal introduction (offered in an informal manner) by **Rtn Ashok Sarda** readied the audience listen to a very relatable narrative of an **entrepreneur-cum-housewife-cum-author, Ms Smita Goswamy**.

Ms Goswamy, the author of the book *Family Run to Family Led* expressed not only her retrieval of personal identity but also the realization that the very process of writing offered her a path of expression. The book – a "Covid Child" as she calls it, is a commentary on 'How I Wrote Myself to Transformation' wherein she offers an in-depth analysis of various issues involved in family run businesses. The success story of her own family run business to a family led business was quite inspiring, gearing one up to face and deal with 'the difficult to very difficult to nightmarishly difficult' challenges that come in one's way. The entire journey is bound to end in successfully building a legacy that the forthcoming generations are expected to shoulder and carry on.

Ms Smita Goswamy then responded to various questions and queries to the satisfaction of the audience. **Rtn.Amul Jikar** and President **Rtn. Umed Fifadra** offered **Ms Goswami** a Memento to remember us by.

Rtn.PP Chandresh Makhija who was a resource person in AGLS, PELS & SELS presented a brief report on the same organized by Rotary Club of Dhule Cross Road on 4th and 5th April 2025. **Rtn PE Mitesh Vadhia**, too shared his first hand experience of the said training seminar which he attended with **Hon. Sec. 2025-26 Rtn.Manish Shah**.

Along with his Secretarial Announcements, **Hon.Sec. PP Hemang Vahia** called out the names of the winners of Early Bird and Lucky Lady prizes i.e Rtn. PP Parimal Shah and **Ann Bhavika Patel** and **Annet Niyati Bhatt** respectively. **Rtn PP Dilip Shah** then gave away the prizes to the winners of the quizzes in Vishvachakra.

The meeting then ended with a heartfelt Vote of Thanks by **Rtn. Som Derashri** & the National Anthem sung in chorus.

✦ *From the desk of* ✦
Yours truly
(Rtn. PP Dilip Shah)

APRIL 2025

Maternal & Child Health

April is designated as Maternal and Child Health Month by Rotary International. During this month, Rotary emphasizes initiatives aimed at improving the health and well-being of mothers and children worldwide. An estimated 5.9 million children under the age of five die each year due to malnutrition, inadequate health care, and poor sanitation, all of which are preventable.

Rotary's efforts in this area include providing immunizations, antibiotics, and access to essential medical services. They also support training for health care providers to ensure sustainable, community-based health solutions.

Rotary's Impact on Maternal Health - Rotary clubs and partners are carrying out various projects to improve Maternal Health through:

- Mobile clinics to reach women in remote areas
- Training Midwives and Community Health Workers to assist during childbirth and provide prenatal/postnatal care
- Distributing clean delivery kits to prevent infections during childbirth
- Promoting maternal education on nutrition, hygiene, and newborn care
- Establishing maternal waiting homes near hospitals where high-risk pregnant women can stay before delivery
- Advocacy to influence policy and increase government investment in maternal care

Investing in maternal health is not just a healthcare priority—it is a moral, social, and economic imperative. When mothers thrive, families flourish, and communities grow stronger. Every woman deserves access to safe and respectful care before, during, and after childbirth, regardless of where she lives or her economic status.

Through continued support, education, and sustainable healthcare solutions, we can ensure that motherhood is a time of Joy and hope—not Risk

✦ SECRETARIAL ANNOUNCEMENTS - HON.SEC. Rtn.PP HEMANG VAHIA ✦

(Ms. Smita Goswamy to Speak on 'The Bestseller Blueprint – How I Wrote My Way To Transformation')
(Tuesday – 08.04.2025)

- **Rtn.PE Mitesh Vadhia** and **Rtn.SE Manish Shah** attended the President Elect. Learning Seminar & Secretary Elect. Learning Seminar held on 5th & 6th of April '25 at Silvassa. District Secretary (RY 2025-26) **Rtn.PP Chandresh Makhija** was a Speaker in the same event for a couple of Sessions. Heartiest Congratulation to all.
- On Sunday 13th April, 2025, a Rotary Youth Exchange Orientation has been organized here at Baroda. As you are aware, Two Long Term Exchange Students have been sponsored by our Club i.e. the Rotary Club of Baroda Jawaharnagar Annet Divit Punit Patel & Kushi Sachin Joshi. **Rtn.PP Dr. Vivek Patel** is the co-ordinator and **Rtn.PP Anita Jandial** the Counsellor for the RYE Committee for the RY 2024-25.
- Yashaskar' - A Major Donor Felicitation 2024-25 has been organized at The Courtyard Marriott, Baroda at 7 pm on Thursday 24th April, 2025. Those desirous of attending, may please contact me. The Registration Charges (including dinner) are Rs.1,000=00 per person. The above event is being hosted by Rotary Club of Baroda Metro.

✦ Birthday Greetings ✦

12th Apr. : Rtn.Prakash Jambur
13th Apr. : Rtn.Ashwin Majmundar
15th Apr. : Rtn.Naresh Goyal
16th Apr. : Ann Usha Fifadra
17th Apr. : Ann Mona Kamlesh M.Shah



✦ Anniversary Greetings ✦

No Wedding Anniversaries for this period.



✦ VISHWACHAKRA QUIZ PRIZES ✦

| | | | |
|----------------------------|-----------|--------|-----------|
| 1. Reeti Duggal | Q-1 & Q-2 | 14, 15 | 03 Prizes |
| 2. Rtn. Ashok Sarda | Q-1 | 14 | - |
| 3. Ann Heena Udeshi | Q-1 & Q-2 | 16, 17 | 03 Prizes |
| 4. Rtn. Anita Jandial | Q-2 | 17 | - |
| 5. Ann Dhara Patel | Q-1 & Q-2 | 18 | - |
| 6. Ann Neeta Dhar | Q-1 & Q-2 | 18 | - |
| 7. Ann Hemal Makhija | Q-1 & Q-2 | 18 | - |
| 8. Rtn. PP Rajeev Bhargava | Q-2 | 18 | - |
| 9. Ann Heena Udeshi | Q-2 | 18 | - |

✦ FORTHCOMING MEETINGS ✦

- The details of the Next Meeting will be announced thro' the official WhatsApp Business Group of RCBJ.

✦ Guest Speaker Ms. Smita Goswamy ✦
 “The Bestseller Blueprint - How I wrote my way to Transformation”
 Dt. 8th April 2025



The District Learning Seminar PELS & SELS held on 4th,5th & 6th April, 2025 at Silvassa was attended by DS Rtn PP Chandresh Makhija, PE Rtn Mitesh Vadhia & SE Rtn Manish Shah

District 3060 had organized a Learning Seminar for the District Team, Asst Governors, President Elect & Secretary Elect for Rotary Year 2025-26, on 4th, 5th & 6th at Silvassa.

The theme was well woven by the **DGE Rtn Amardeepsingh Bunet** & Learning Facilitating team headed by **PDG Dr G K Thakral**.

It contained all the ingredients of how the present day scenario of fast changing world, both technologically as well as demographically leads to importance of Membership Development(New as well as Old -Retention of existing members), Service Projects, Public Image, TRF, Hygiene, Literacy, Clean Environment, etc., (See chart of Rotary's Core Focus Areas & Core Values).

The impact of fast & furious paced changes in the world have led Organization have to adapt very fast to the protocols and bye-laws for an 120 year old organization to shine through the Philanthropic projects which impacts the world community.

Our Flagship Project **POLIO ERADICATION**: Though India was fortunate to be declared POLIO FREE from 2014 onwards (through very dedicated joint efforts by Rotary International & GOI), there are 2 countries left to be worked upon consistently to make this world as POLIO FREE.

Similarly, TRAINING ON Core Focus areas of Rotary & Core Values of Rotary are emphasized with hands on experiences & real life projects.

Since Rotary International, Rotary Zones & Rotary Districts are made up by the basic work done by Clubs, my take in imparting training is to focus on PLANNING & RECORDING of Club Meetings & Projects. We all know that all good work on this great philanthropic platform germinates from the CLUB LEVEL, it becomes all the more important that the President & Hon Secretary carefully PLAN & EXECUTE the necessary Meetings & Projects (which is the basic necessity of the community it serves).

The meetings have to be structured in a meaningful way to nurture the members interests, mentoring of New Members, Orientation programmes for New & Old member to the changes made in the Rotary Protocols in dealing with technologically advanced era.

The Learning programmes, interspersed with Fellowship breaks, were appreciated by all the participants and the Seminar ended by 5pm after awarding the Graduation Certificates to all the participants.



✦ VISIT TO NALANDA VIGHYALAY GHOGHAMBHA CENTRE ✦



✦ Scratch Your Brain ✦

Q1- $4 + 3 = 169$ $5 + 3 = 289$ $6 + 3 = 441$ $7 + 4 = ???$

Q2- The wind cannot do any impairment where the roots are wakeless. (Justify the Substance)

Correct Answers - Newsletter Edn. 18

Q.1 - RESTRAIN

Question - 2 : XLCDM



✦ The Whispering Tree ✦

In a small village, there stood an old tree known as "The Whispering Tree." It was said that those who sat under it could hear soft whispers guiding them when they were confused or troubled.

One day, a young boy named **Saj** failed in his crucial test and became very sad. He ran into the forest and sat under the "Whispering Tree" and whispered his sadness. To his surprise, the tree whispered back, "**A failure is not the end. It's a bend in the road. Try again.**"

Saj very much inspired and studied harder and Months later, he topped the class. With great joy Saj returned to the tree and said, "Thank you. I did it!". The tree whispered again, "**You always could, requisite to believe it.**"

Moral: Failure is not the end. Believe in yourself and keep trying—Success often follows Persistence.

✦ Rotary information ✦

"Don't sit down and wait for the opportunities to come. Get up and make them."